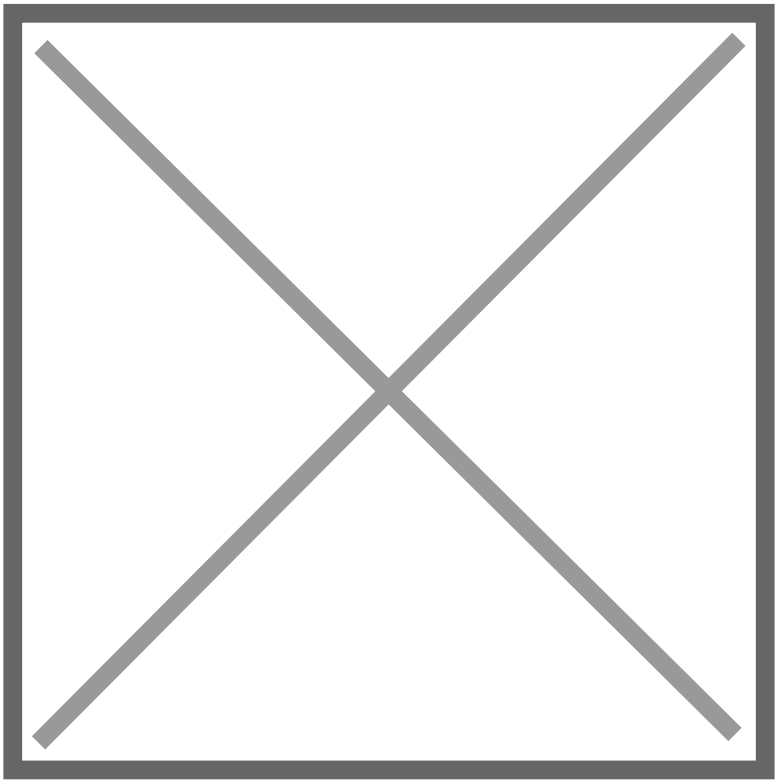
Strawberry Banana Milkshake



Yields	4 cups

Ingredients

- 300 ml milk (cow, almond, oat, or a mix)
- 1/2 banana
- 2 handfuls of frozen strawberries (or raspberries)
- 1 heaped tbsp sugar

Instructions

1. Add everything to blender and blend well.
2. When not smooth enough, add some milk and repeat.

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